

FRIDAY SEPT 19TH

SPINE PEER TO PEER DAY

This exclusive, invitation-only session is designed for faculty members to engage in candid, high-level discussions in a semi-private setting. With no additional attendees present, participants will share their best cases, practical tips, key pearls, challenging scenarios, and newly adopted technologies.

This unique forum fosters open exchange, professional growth, and academic excellence. We are confident it will be the most enriching and academically impactful day of the year for every participating faculty member.

8:00-8:10AM Welcome & Opening Remarks

8:10-10:30AM My Best Case in the last 3 years

In this dynamic session, each faculty member will present one standout case from their practice over the past three years, highlighting key technical details and supporting literature.

Following each presentation, an open discussion will invite insights, questions, and feedback from fellow faculty, fostering a collaborative and academically rich exchange of ideas.

10:30-11:00AM Coffee & Networking snacks

11:00AM-1:00PM Tips & Pearls I Wish I'd Known Sooner

In this insightful session, each faculty member will share a valuable tip or surgical pearl they've learned in recent years—wisdom they wish they'd discovered earlier in their careers.

These practical takeaways may range from subtle technique adjustments, like dropping the rod or modifying implant placement, to strategies for minimizing blood loss or reducing the risk of dural tears in revision surgeries with prior scarring.

Expect a collection of hard-earned lessons and small changes that make a big difference.

1:00 PM-3:00PM Extended Lunch: A taste of Lebanese cuisine in an unparalleled charming Bekaa Villa

In the magical setting of the Berdawni River, the faculty will enjoy an amazing Zahliotic gastronomic experience and get to catch up on their IMS family members' news and why not, making new friends!!

3:00-5:00PM My Worse Complication over the last 3 years

In an open, honest, and collegial environment, each faculty member will present a challenging case representing their most significant complication from the past three years—those unforgettable cases that stay with us.

Presentations will include technical insights, contributing factors, and relevant literature to provide context. Each case will be followed by group discussion and constructive feedback, creating a supportive space for shared learning and growth through vulnerability and experience.

5:00-6:00PM The Most Impactful Industry Advancement in My Practice (Last 5 Years)

Innovation and industry collaboration play a vital role in advancing surgical outcomes. In this session, each faculty member will highlight a specific device, instrument, or technology that has meaningfully improved their practice over the past five years.

Bias is not only expected but embraced—what works best in your hands is worth sharing. Presentations will include practical insights, case examples, and technical context. A group discussion will follow each presentation, encouraging open dialogue about how these innovations translate into better care.

SATURDAY, SEPT 20TH

Spine Program Day 1

8:00 10:30AM Dilemmas in Cervical Degenerative Conditions: Navigating the Gray Zones of Diagnosis and Treatment

This session explores the nuanced and often controversial aspects of diagnosing and managing cervical degenerative spine conditions. What can go wrong with Disc replacement, Anterior vs posterior approach, sagittal alignment, mild myelopathy in severely compressed spinal cord, timing of Rx of central cord injuries. The session aims to present real-clinical cases, engage experts in dialogue, and discuss evolving evidence on challenging clinical decisions.

10:30-11:00AM Coffee & Networking snacks

In depth discussion about difficult scenarios during hip replacement. Hip preservation, Bone loss, dysplastic acetabulum, infections, dual mobility, peri-prosthetic fractures and more

10:30-11:00AM Coffee & Networking snacks

11:00AM-1:30PM Military Hospital session: Dilemmas in Lumbar Degenerative Conditions

This session will delve into the diagnostic, therapeutic, and operational dilemmas faced by healthcare professionals managing lumbar spine. What is the best approach for L5-S1, Nuances of ATP, Anterior vs Posterior for multilevel fusions, to decompress or fusion for adjacent segment herniation, what to do for 1&1/2 disc disease, etc....

1:30-2:30PM A taste of the Berdawny Culinary experience

2:30-4:00PM Pediatric Deformities: Early-Onset Challenges and Innovations in Care

This foundational session on Pediatric Deformities focuses on the diagnosis, management, and surgical controversies surrounding spinal and skeletal deformities in children, particularly early-onset cases. Pediatric deformities, including scoliosis, kyphosis, and congenital malformations, present a unique set of challenges due to ongoing growth, developmental variability, and long-term functional implications. The session will spotlight current dilemmas, evolving surgical strategies, and the importance of interdisciplinary care.

4:00-4:30PM Coffee Break & Networking

4:30-6:00PM Peer to Peer day's selected abstracts

The day before the annual meeting and in a close private setting “Peer-to-Peer day” All faculty will discuss their most intimate tips and tricks, successes and failures and how to grow their practice. A selection of few impactful presentations from the Peer-to-Peer day will be presented during the general program in order to help the public at large

7:30-11:00PM Adjourn & Gala Dinner

SUNDAY SEPT 21ST

Spine Program Day 2

8:00-10:30AM Complications in Degenerative Deformities: Navigating Pitfalls in the Aging Spine

Degenerative spinal deformities are increasingly common in aging populations, leading to complex and often high-risk treatment scenarios. This session focuses on the complications that arise during the diagnosis, surgical planning, intraoperative management, and postoperative care of patients with degenerative spinal deformities. The aim is to identify patterns, understand risk factors, and discuss evidence-based strategies to minimize and manage complications in this growing patient demographic.

This session is ideal for spine surgeons, advanced care teams, and allied health professionals involved in adult spinal deformity care.

10:30-11:00AM Coffee Break & Networking

11:30AM-1:30PM Dilemmas in Traumatic Conditions: Controversies, Complex Cases, and Critical Decision-Making

This session explores the complex and often high-stakes decision-making involved in managing traumatic musculoskeletal and spinal injuries, with a focus on situations where guidelines are unclear, evidence is evolving, or clinical presentation is complicated. Trauma care requires rapid assessments, multidisciplinary collaboration, and balancing life-saving interventions with long-term functional outcomes. This session dives into the dilemmas clinicians face in the trauma bay, OR, and ICU — from unstable spinal fractures to limb salvage decisions, polytrauma priorities, and ethical gray zones.

Ideal for trauma surgeons, orthopedic and spine specialists, emergency physicians, and rehabilitation experts.

1:30-2:30PM A taste of the Berdawny Culinary experience

2:30-4:00PM Spine Novel Technologies: Adopt or Ignore? *Balancing Innovation, Evidence, and Practicality in Modern Spine Care!!*

The rapid evolution of spinal surgery has led to the introduction of numerous novel technologies—robotics, navigation systems, biologics, augmented reality, and AI-assisted tools—each promising improved precision,

reduced complications, and better patient outcomes. However, with innovation comes uncertainty: high costs, steep learning curves, and limited long-term data.

This session provides a podium for surgeons to share their feedback and recommendations.

4:00-5:00PM Combined Orthopedic & Spine Session: Spine-Hip-Knee Syndrome, *Untangling Overlapping Pathologies and Optimizing Multidisciplinary Care*

Not to miss session!! Spine-Pelvic alignment is a truly challenging subject. For patients who have both spinal and hip problems, what needs to be addressed first and why! Realigning the lumbar spine and reestablishing sagittal balance will affect hips cup version and may lead to impingement and or dislocation. This session discuss the most recent scientific updates on the anatomic behavior to both the spine, pelvis and hip joints